

REPORT OF THE CHIEF EXECUTIVE

OVERVIEW AND SCRUTINY REPORT OF HEALTH IN HACKNEY SCRUTINY COMMISSION PREVENTING DEPRESSION AND ANXIETY IN WORKING AGE ADULTS Health in Hackney – 16 March 2015 Cabinet – 20 July 2015 Council – 25 November 2015	Classification Public	Enclosures Appendix 1 Report of review on 'Preventing depression and anxiety in working age adults' Appendix 2 Executive Response
	Ward(s) affected All	

Introduction

Health in Hackney Scrutiny Commission's review set out to examine whether the health and social care commissioners and providers in Hackney are responding appropriately to the high prevalence of depression and anxiety in our working age adult population. The Commission wanted to ensure whether the right people were being targeted by prevention programmes and to examine what was being done on the wider causes of mental ill-health. The Commission focused on two of these 'wider determinants': housing and employment.

It took evidence from Adult Social Care commissioning, Public Health, Hackney Homes, the CCG, East London Foundation Trust, the Homerton Hospital's IAPT¹ service at St Leonard's and a more specialist service provided by the Tavistock & Portman Trust. The Commission went on site visits to City & Hackney Mind, the Vietnamese Mental Health Service, IRIE Mind Recovery Centre, Bikur Cholim, Derman, IAPT service at St Leonards and Family Mosaic's Supported Housing Service. It also heard from Family Action, the national Centre for Mental Health and from local GPs.

The Commission examined how the new Integrated Mental Health Network (IMHN) was developed and listened to concerns from some providers about the change. It also debated with local stakeholders the challenges of treatment vs. prevention in service provision and the role of one-to-one vs. group therapies, particularly within our BME communities where linguistic and cultural barriers are significant.

¹ 'Improved Access to Psychological Therapies' is the national treatment programme

The Commission's 10 recommendations encompass support for front line housing officers, improving 'move-on' accommodation, hospital discharge processes and BME access to services, the operation of the new IMHN and the need for job retention programmes and how the Council and the NHS, as employers themselves, can provide leadership on best practice in supporting employees to avoid anxiety and depression and with a managed return to work after illness.

RECOMMENDATION

Council is requested to note the Commission's report and the response to it from the Executive.

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